

CARING FOR YOU through the 2011 cancer grant



DCMH Oncology is offering complimentary care during chemotherapy thanks to a grant from the Hospital Foundation of Decatur County.

A **massage**, a **warm blanket**... DCMH provides the added comfort you need during your cancer treatment.

The addition of the complementary care is to provide the best patient *care* and *comfort* to the patients receiving treatment at Decatur County Memorial Hospital.

DCMH Oncology, caring for you.



Our *Certified Massage Therapist*, Wendy Stier will provide:

- FREE massage therapy for the cancer patients at DCMH
- 15 min head/neck/shoulder/hands/feet

Studies show that a 15-minute neck and shoulder massage prior to chemotherapy can help with relaxation and add comfort during the treatment process.

Benefits of massage therapy and cancer patients:

- increasing circulation
- easing one's breath
- boosting the immune system
- reducing pain
- shutting down stress and anxiety
- strengthens the body's ability to fight disease