



WOMEN'S SCREENINGS

RECOMMENDED SCREENINGS BY AGE RANGE

Schedule annual gynecology exams to maintain your health.

- 21-29** • Pelvic Exam & Cancer Screenings
Pap test every 3 years
- 30-39** • Pelvic Exam & Cancer Screenings
Pap test & HPV test every 5 years
- 40-44** • Breast Cancer Screening
Mammogram every year *(discuss with your provider)*
 - Pelvic Exam & Cancer Screenings
Pap test & HPV test every 5 years
- 45-54** • Breast Cancer Screening
Mammogram every year
 - Colon Cancer Screening *(Cologuard or Colonoscopy)*
Start at 45, screening type at provider's discretion
 - Pelvic Exam & Cancer Screenings
Pap test & HPV test every 5 years
- 55-64** • Breast Cancer Screening
Mammogram every 1-2 years
 - Colon Cancer Screening *(Cologuard or Colonoscopy)*
Screening type at provider's discretion
 - Heart Screening
Cardiac CT every 3 years at provider's discretion
 - Lung Cancer Screening
20 pack-year or more smoking history (1 pack of cigarettes per day for 20 years; 2 packs per day for 10 years, etc.)
 - Pelvic Exam & Cancer Screenings
Pap test & HPV test every 5 years
- 65+** • Breast Cancer Screening
Every 2 years at provider's discretion
 - Colon Cancer Screening *(Cologuard or Colonoscopy)*
Screening type at provider's discretion
 - Heart Screening
Cardiac CT every 3 years at provider's discretion
 - Lung Cancer Screening
20 pack-year or more smoking history (1 pack of cigarettes per day for 20 years; 2 packs per day for 10 years, etc.)
 - Pelvic Exam & Cancer Screenings
Every 2 years at provider's discretion

Please schedule a consultation whenever you have a concern.



**Decatur County
Memorial Hospital**
The Quality Care You Want. Close By.

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